



Professional Development Training Opportunity within Erasmus+

Wellbeing in Finnish Education

Location:	Oulu & Helsinki, Finland
Duration:	4 days training / 6 days mobility
Dates:	19 - 24 January 2026
Host organisation:	Oulun kaupunki
OID:	E10389915

This Erasmus+ course takes participants to Oulu and Helsinki to experience the Finnish education system first-hand. Through expert-led sessions, school visits, and the EDUCA Fair, teachers and school leaders will explore innovative approaches to wellbeing, school culture, sustainability, and STEAM pedagogy. The programme combines theory with practice, offering inspiration and practical strategies to bring back home.

Aims of our “Wellbeing in Finnish Education” training course:

- To gain in-depth insights into the Finnish education system, with a focus on wellbeing, positive school culture, and inclusion.
- To explore innovative pedagogies, including STEAM, and their impact on teaching, learning, and school leadership.
- To learn about sustainability and cultural education practices in Finnish schools.
- To network with international peers and educational stakeholders at EDUCA, Finland’s largest education fair.

Testimonial

“Thank you so much for this wonderful experience and putting us in touch with these truly inspiring people. It is going to take some time for me to process all of the delightful things we saw and experienced!”



Photo by gundolf on Freeimages.com

About us

LFEE Europe, Act España and Interacting+ (members of nuedu.network) have been designing tailor-made teacher training courses under the Erasmus+ KA1 programme for more than 20 years. Since then, a growing community of teachers have brought activities and processes from their training to classroom practice. We are internationally recognised leaders in the field of Education and Language Teaching and Learning and in the ways that process drama can enhance learning. We have also led on numerous projects of cooperation and innovation under the Erasmus+ KA2 and KA3 programmes.

Impact of our courses*

- ✓ **+1 CEFR level** on average in speaking, listening, reading & writing
- ✓ Confidence in teaching methodology and interactive techniques **grew by 40%**
- ✓ Cultural and community-based teaching skills **expanded by 30%**
- ✓ **94% enthusiasm** for teaching English after the course 🎉

** figures reflect the impact of our English Language and Culture Development Courses*

Venues

Our courses run in various locations across Europe and bring in expertise from local and international Education practitioners. Accommodation is provided either in individual en-suite rooms or in twin en-suite bedrooms depending on the location and time of year. Our training venues are centrally located.

Target Audience

School leaders, teachers and assistants in Special, Primary and Secondary schools and colleges. Advisers, Inspectors and Teacher Trainers.

Course fee includes (contact us for up to date course fees)

Course tuition fee & materials / Accommodation & breakfasts / Some meals taken as a group & a contribution to your other meals / Programmed cultural activities.

Travel, transfers, non-programmed activities and personal expenses are not included.

Funding for all our courses is available through the **European Union Erasmus+ Programme**. Places are allocated on a **first come first served** basis.

TO BOOK, PLEASE CONTACT:

Roslynn Main, Senior Administrator
LFEE Europe Ltd

Enquiry form: <https://nuedu.network/cef/>

Please visit our website to view the full range of our courses: lfee.net