

## SAMPLE PARTICIPANTS PROGRAMME ORGANISING QUALITY PUPIL MOBILITIES WITHIN ERAMUS+



Day 1		
Day I	Arrival of participants	
Evening	Welcome Reception	
Day 2		
09.30-11.00	Ice-breakers and Introductions	
	<ul> <li>Exercises on Self-reflection and connections with the group.</li> <li>Self-awareness, empathy, patience, flexibility and changing perspectives.</li> <li>The self, prejudice and stereotypes.</li> <li>Group activity: Sharing of experience and practices</li> </ul>	
11.00-11.30	Coffee Break.	
11.30-13.00	The essentials you need to begin your journey	
	<ul> <li>From local to global: Why your school needs Erasmus+ (30')</li> <li>Building futures through Erasmus+ mobilities (60')</li> </ul>	
13.00-14.00	Lunch (pocket money provided).	
14.00-16.00	Working group I: connecting schools	
	<ul> <li>Introduce your school and explore mobility options</li> <li>Discover the ideal partner</li> <li>Open mic</li> </ul>	
18.00	Discovery Event	
Evening	Group meal	
<b>Day 3</b> 09.00-11.00	Overview of the previous day	
	<ul> <li>Fresh connections from yesterday's session</li> <li>Some tips for future connections: interacting</li> </ul>	
	Working group II: Building commitment	
	<ul> <li>Creating a school-to-school agreement</li> <li>Working group conclusions and wrap-up</li> </ul>	
11.00-11.30	Coffee Break	
11.30-13.00	Working group III: Who makes it happen	
	Who are the key players in pupil mobility?	



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	WG conclusions and wrap-up
13.00-14.00	Lunch (pocket money provided).
14.00-16.00	Selecting pupils
	<ul> <li>Steps to a successful selection</li> <li>Selection process - Role play</li> </ul>
Evening	Free evening (pocket money provided)
Day 4	
09.00 -11.00	Overview of the previous days (10')
	Preparing the mobility I
	<ul> <li>Host family or accommodation facility</li> <li>Training pupils before departure</li> </ul>
11.00-11-30	Coffee break
11.30-13.00	Preparing the mobility II
	<ul> <li>Peer-learning programme for group mobility</li> <li>Learning agreement for individual mobility</li> </ul>
	Working group IV
	Co-creating our mobility programme
13.00-14.00	Lunch (pocket money provided).
14.00-16.00	Working groups V: How to stay calm managing mobility. Interacting activities.
	<ul> <li>Financial planning for successful mobility</li> <li>Logistic: travel and insurance</li> <li>Staying ahead: effective risk management</li> </ul>
Evening	Free evening (pocket money provided)
Day 5	
09.00-10.00	Overview of the previous days (60')
	WGs V: conclusions and wrap-up
10.00-11.00	From plan to action: the stay abroad I
	<ul> <li>A safe journey</li> <li>Integration: host school and host families</li> <li>Everyday life at the host school</li> </ul>



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11.00-11.30	Coffee break	
11.30-13.00	From plan to action: the stay abroad II	
	<ul> <li>Learning programme implementation and monitoring</li> <li>Other issues during the stay</li> </ul>	
13.00-14.00	Lunch	
14.00 -15.00	Simulation: building guidance for success	
Evening	Group meal	
Day 6		
09.00- 11.00	The next steps after the mobility	
	<ul> <li>How to evaluate and recognise the outcomes?</li> <li>Welcome back! Reintegration at the sending school</li> <li>Make it known. Sharing your experience</li> </ul>	
11.00-11.30	Coffee break	
11.30-13.00	Self Evaluation, final Q&A, Evaluation Questionnaire.	
13.00	End of course.	
	Lunch (pocket money provided) and free afternoon.	
Evening	Free evening (pocket money provided)	
Day 7 – Saturday 12th		
	Departure of participants	

The sharing platform for this course is Google classroom. You will need a free Google account to access all documents. If you do not have an existing Google account, please create one before coming on the course. The link to the Google classroom will be provided in advance of the course.